

March 8-12

SCHOOL BREAKFAST WEEK

FREE MEALS

To All Children
18 and Under

Arbor A+ Nutrition Mission

To serve students daily:

- ✓ A wide variety of fresh, nutrient rich foods
- ✓ Fresh fruits and vegetables, locally sourced as seasonally available
- Cage free poultry with no added hormones or steroids
- ✓ Fresh whole and multigrain bread, buns and baked goods
- ✓ No-fat or 1% milk free from any growth hormones from local, sustainable farms

~Arbor Management~

Make Choices for a Healthy Lifestyle!





For more information or to "Ask the Dietitian", check out our website!

SCORE BIG SEHOUL BREEKHI



Did You Have School Breakfast Today?



March - Millburn Breakfast Menu

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
1	2	3	4	5	6	7
Banana Bread Fruit Selection 1% or Skim Milk	Strawberry Oatmeal Bar Fruit Selection 1% or Skim Milk	Hard Boiled Egg Graham Bears Fruit Selection 1% or Skim Milk	Whole Grain Mini Powdered Donuts Fruit Selection 1% or Skim Milk	Cereal Bowl Fruit Selection 1% or Skim Milk	Cinna Bun Cinnamania Juice 1% or Skim Milk	Cereal Bowl Juice 1% or Skim Milk
8	9	10	11	12	13	14
Mini Pancakes Fruit Selection 1% or Skim Milk	Cereal Bar Fruit Selection 1% or Skim Milk	Fruit Yogurt Graham Bears Fruit Selection 1% or Skim Milk	Banana Bread Fruit Selection 1% or Skim Milk	Blueberry Muffin Fruit Selection 1% or Skim Milk	Cereal Bowl Juice 1% or Skim Milk	Mini Chocolate Donuts Juice 1% or Skim Milk
15	16	17	18	19	20	21
Strawberry Pop-Tart Fruit Selection 1% or Skim Milk	Cinnamon Swirl Roll Fruit Selection 1% or Skim Milk	Hard Boiled Egg Graham Bears Fruit Selection 1% or Skim Milk	Apple Oatmeal Bar Fruit Selection 1% or Skim Milk	Cereal Bowl Fruit Selection 1% or Skim Milk	Cereal Bar Juice 1% or Skim milk	Mini Pancakes Juice 1% or Skim Milk
22 Spring Break	23 Spring Break	24 Spring Break	25 Spring Break	26 Spring Break	27 Spring Break	28 Spring Break
Mini Waffles Fruit Selection 1% or Skim Milk	Berry Bread Fruit Selection 1% or Skim Milk	Fruit Yogurt Graham Bears Fruit Selection 1% or Skim Milk	Cream Cheese Bagel Fruit Selection 1% or Skim Milk	Blueberry Muffin Fruit Selection 1% or Skim Milk	Cereal Bowl Juice 1% or Skim Milk	Mini Powdered Sugar Donuts Juice 1% or Skim Milk
29	30	31				
Banana Bread Fruit Selection 1% or Skim Milk	Strawberry Oatmeal Bar Fruit Selection 1% or Skim Milk	Hard Boiled Egg Graham Bears Fruit Selection 1% or Skim Milk			SCORI	

Menu changes are occasionally necessary. Notice will be given when possible.

This institution is an equal opportunity employer.

